



EVIDENCE-BASED NUTRITION YOU CAN TRUST

Dear Health Care Provider;

Hello, my name is Lora Williams, MS, RD, LD. I am a registered and licensed dietitian providing evidenced-based medical nutrition therapy (MNT) and group nutrition education for adult and pediatric patients for:

- Diabetes /pre DM
- Metabolic syndrome X
- Weight Loss/gain
- Hyperlipidemias
- Heart Disease
- GI issues (celiac, crohn's, IBS, etc)
- Renal Disease
- Bariatric Nutrition (Pre/post)
- Behavioral Health Nutrition
- Healthy Eating
- Bone Health Nutrition
- Nutrition related anemia
- Community Service/education

I accept most major insurances like Blue Cross Blue Shield, CIGNA, Humana, etc. I also accept Medicare, Traditional Medicaid, Cook Children's, Amerigroup, Superior, Aetna, Molina, Bravo, Health Springs, and more.

To learn more about me, visit my website: www.fullcirclenutrition.com. I am a member of the Academy of Nutrition and Dietetics (AND), American Diabetes Association, Diabetes Care Educators, National Osteoporosis Foundation (NOF), and American Society for Metabolic and Bariatric Surgery (ASMBS). I am committed to providing evidenced-based nutrition education and Medical Nutrition Therapy to improve nutrition related patient outcomes.

We have cooking and exercise classes to emphasize education in a learn-by-doing environment.

Attached are referral forms for patients you feel would benefit from Medical Nutrition Therapy or nutrition education / intervention.

Thank you



Lora Williams, MS, RD, LD
Dietitian / Owner
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