



EVIDENCE-BASED NUTRITION YOU CAN TRUST

Dear Health Care Provider;

Hello, my name is Lora Williams, MS, RD, LD. I am a registered and licensed dietitian providing evidenced-based medical nutrition therapy (MNT) and group nutrition education for adult and pediatric:

- Diabetes /pre DM
- Metabolic syndrome X
- Weight Loss/gain
- Hyperlipidemias
- Heart Disease
- GI issues (celiac, crohn's, IBS, etc)
- Renal Disease
- Bariatric Nutrition (Pre/post)
- Behavioral Health Nutrition
- Healthy Eating
- Bone Health Nutrition
- Nutrition related anemia
- Community Service/education

I accept most major insurances including medicare, traditional Medicaid, Cook Children's, Amerigroup, Superier, and more.

To learn more about me, visit my website: [www.fullcirclenutrition.com](http://www.fullcirclenutrition.com). I am a member of the Academy of Nutrition and Dietetics (AND), American Diabetes Association, Diabetes Care Educators, National Osteoporosis Foundation (NOF), and American Society for Metabolic and Bariatric Surgery (ASMBS). I am committed to providing evidenced-based nutrition education and medical nutrition therapy.

Classes are in the conference room at our Denton office. Organize/schedule at least 8 people and we will come to your office, covering the nutrition topic of your choice.

Attached are referral forms for patients you feel would benefit from Medical Nutrition Therapy or nutrition education / intervention.

Thank you

MS, RD, LD

Lora Williams, MS, RD, LD  
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