

Newly Revised Academy of Nutrition and Dietetics/Commission on Dietetics Registration
Code of Ethics for the Nutrition and Dietetics Profession

Frequently Asked Questions

1. When does the new *ACADEMY/CDR Code of Ethics* go into effect?

The new *ACADEMY/CDR Code of Ethics* goes into effect on June 1, 2018.

2. Where can I get a copy of the revised *ACADEMY/CDR Code of Ethics*?

The revised *ACADEMY/CDR Code of Ethics* is available online at: <https://www.eatrightpro.org/practice/code-of-ethics/what-is-the-code-of-ethics>.

3. What changes were made to the *ACADEMY/CDR Code of Ethics*?

Professional codes of ethics are dynamic documents, modified and adapted as society and professions change. This is true of the Academy/CDR Code of Ethics which has evolved over time as health care has become more complex and the variety of arenas in which nutrition and dietetics practitioners work more multifaceted and challenging. A Code review and revision recognizes the changes in nutrition and dietetics practice and is responsive to trends related to digital health care, social media, and the evolving use of other technologies.

The newly revised Code is comprised of a Preamble, four main Principles, and thirty-two Standards.

4. What educational resources are available to explain the latest revisions to the *ACADEMY/CDR Code of Ethics*?

An online training, a *Journal* article, and additional resources will be available on the Academy's website at: <https://www.eatrightpro.org/practice/code-of-ethics/ethics-education-resources>.

5. How do I know if the *ACADEMY/CDR Code of Ethics* applies to me?

All nutrition and dietetics practitioners are held accountable to the *ACADEMY/CDR Code of Ethics*, as described below:

- All members of the Academy who are credentialed by CDR
- All members of the Academy who are not credentialed by CDR
- All CDR credentialed practitioners, whether or not they are members of the Academy

6. Do these changes affect nutrition and dietetics practitioners who aren't members of the Academy of Nutrition and Dietetics?

Yes. The *ACADEMY/CDR Code of Ethics* sets forth the values, principles, and standards that guide the profession as a whole.

7. Who was responsible for revising the *ACADEMY/CDR Code of Ethics*?

An *ACADEMY/CDR Code of Ethics* Task Force was appointed by the ACADEMY President. The Task Force was charged with revising the 2009 Code to provide sufficient guidance for the expanded roles and responsibilities of the nutrition and dietetics practitioner; to address the complexities encountered in the contemporary practice environment; to articulate a moral self-understanding of what is required of the nutrition and dietetics practitioner; and to address specific areas of ethical decision making such as social media, bullying, and protection of patient/client information.

The revised Code was approved by the ACADEMY and CDR Boards of Directors.

8. How will employers, licensing boards, the public, etc., be made aware of the revised Code of Ethics?

The Academy and CDR have developed a communication plan to notify the nutrition and dietetics profession and its stakeholders. The multifaceted plan utilizes a variety of communication vehicles, including print, electronic, and social media channels.

9. Who do I contact if I have additional questions about the new Code of Ethics?

Be sure to carefully review all of the resources that have been developed. They are available at <https://www.eatrightpro.org/practice/code-of-ethics/what-is-the-code-of-ethics> and <https://www.eatrightpro.org/practice/code-of-ethics/ethics-education-resources>. If you have further questions submit them to ethics@eatright.org. Please be understanding that it may take time to reply due to the volume of questions received.